The volta flourished for a century. It was frowned upon by the moralists, described as "indecent" and "filthy", the manner in which the lady was held was "shameful", and it survived because royalty liked it.

Minuet (1670, French menuet, diminutive of menu, 'a few steps from the menu') an old dance in 3/4 time. During the epoch of Louis XIV 1638-1715, rapid movements became stately. According to J.J. Rousseau, 'the minuet is characterized by elegant and noble simplicity.' It is dignified and leisurely in execution with many curtsies and deep bows. Each of the 4 major minuet steps requires 2 measures of ¾ time music to complete. It is a 'contre-danse in which the gentleman takes the hand by the lady and leads her through a variety of figures, with reverence and grace, and always at arms length, perhaps due to the costume of the court. Gents wore heavy, full-skirted & brightly colored coats, knee breeches, white stockings, buckled shoes, a powdered wig and lace cuffs that hung down over his hand. Ladies were adorned in dresses with a waltz required closer contact between men and women than the minuet and consequently suffered the wrath of moralists and the church. Tomes were written excoriating it. "Proof that the Waltz is the main source of the weakness of body and mind of our generation" (1799). Yet the waltz took Vienna by storm. The uneven dirt surface of the country Hof (courtyard) was replaced by the magnificence of the chandelereered ballroom. Slow turns accelerated to dizzying gyrations. Great composers wrote waltzes that are still popular today.

The French adapted the waltz ~1795 (when did moral arguments ever take precedence over fun in France?). The British denounced it. Lord Byron condemned it scathingly. Dancing salons refused to teach it. The women were 'husbies', embraced in 'immoral young rascals' arms, the dance was 'disgusting'. But in 1812 the Russians invaded: Emperor Alexander of Russia, the highest of the elite, spun around the London's regal Almack ballroom with Countess Levin. She and Princess Estherhazy became the greatest waltzers of the day. The British foreign minister Lord Palmerston, with impressive British diplomacy, became their expert partner. In 1812 Napoleon was defeated (by Alexander in Russia) and the waltz conquered Britain.

References:

The Village Arts Coalition
Presents : Folk Arts Dance & Music Calendar
Vol. 21, No. 4
July - Aug, 2009

“Sum, ergo salto”
{ I am, therefore I dance }
( Tom Masterson, with apologies to Descartes )
Performing Groups

Boulder Scandinavian Dancers: Enca Rice 303-442-7869
Calico & Boots, American Folk Dancers: Jim Barret 303-651-0795
Haloo Hula O Na Maana Komanha: “Pumehana” Pasner 303-447-9772
www.oconnor.gs/halau.html

Steward Hartman, Carla McKenna, Chuck Palmer, Dave Sander,
Marshall Shapiro, Caroline Stepanek, Anne Vickery, and Stan Wilkes

Locations

Denver

Boulder

Av - Ballroom at the Avalon
1115 Arapahoe Ave., Unit B, Boulder
CDC - Community Dance Collective
2355 34th St., Suite 203, Boulder
KC2 - Kake Studios
2455 Dry Creek Rd., Boulder
Pit - Pearl Street Studio
1599 City Park Dr., Fort Collins
Pea - Pre Emination Hall
232 Walnut Street, Boulder

Boulder Swing Dance: Swing Dance lessons, Monday & Tuesday nights at 7 p.m. with a new series starting every month. With music by John Dyer, Heather Balfew and Dana McGaken at the Kakes Studios, Boulder. Check the website for times and changes in cancellations. westdoorboulderdance.com or call 720.992.8709.3630.

Pearl Street Swing & Blues: 1st and 3rd (sometimes 5th) Saturday of the month.
Intro to Lindy hop class from 7-8 p.m. with blues after midnight. Admission is $5, $10 for the lesson (includes admission to the dance). Held at the Pearl Street Studio, Boulder. For more information, see, westdoorboulderdance.com.

Fourth Saturday Swing with Live Music at the Avalon: Live swing music on 4th Saturday of the month (see VAC website for changes). Local bands such as the Swingin’ Seven, FortJazz Big Band, DJ Clminjumper play music for swing dancing and related forms. Intro dance lesson from 7 to 8 p.m. Music from 8 to 11 P.M. Free admission. No partner or prior dance experience required. All ages welcome. Plenty of free parking. Usually $15 general admission. $10 students, Boulder residents. Hosted by American Vernacular Dance. Info: Jim X. Borzym 303-449-5962.

To sign on for email updates, send email address to events@boulderdance.info. For special notices: villageartscoalition.org, Community Dance Collective.

Story Telling

For five days each August on Aims Community College campus, audiences step back in time as High Plains Chautauqua (HPC) reproduces the turn-of-the-century traveling tent Chautauqua that provided educational programs to communities in the form of lectures, concerts, and plays. The August 4-8, 2009 HPC theme is “The American Spirit: An Endless Stage.” All events, including the Chautauqua, are free to the public.

For more information, call Deb Sclar or Brian Dunn at 303-237-9605 or email nlprimmer@tango.org.

TANGO

Argentine Tango: dance hosted by Las Tres Mujeres. Every 2nd and 4th Sunday of the month from 6pm to 11pm at the Avalon, 6158 Arapahoe, Boulder. Poltrock and wine, very casual. No partner necessary. Admission $5.00. For more details contact Nancy Primmer at 303-237-9605 or email nlprimmer@yahoo.com.

Argentine Tango Beginner (1pm - 2pm) and Advanced Beginner (12pm - 1pm) lessons every Sunday at the Avalon, 6158 Arapahoe, Boulder. Beginners are from 12pm - 2pm, and the 2nd Sunday of the month when they are from 10am - 12pm. No partner needed. Cost is $24/month or $7.00 drop-in. Private lessons are available. For more please contact Nancy or nlprimmer@tango.org.

Milonga Mercurio: Every Friday from 9:30 p.m. - 2 a.m. at the Mercury Cafe, Denver. Beginning class at 7 p.m. intermediate at 8 p.m. Call Marilyn Meginsky at 303-294-8281.

Tango Colorado Practica: Boulder: Every Thursday, Pearl Street Studio Denver. Every Tuesday, Turnaround Class 7-8 p.m., followed by a dance and practice period until 10:30 p.m. Classes are taught by Denver’s best local Argentine Tango teachers. Usually, there is a guest Argentine Master once a month at no additional charge. The classes are for all levels of existing classes, not just for beginners, but perfect for all who want to begin, to perfect their balance, their connection and their foundation to dance at the most advanced level. Class prices: Members: $5; nonmembers: $8. Buy package of first 5 classes, and get one class free. Dance and Practice: Members: $8, nonmembers: $10. Contact Pat Patton at 303-486-3820, call our hotline at 303-970-3536 or visit our website www.tango.org/ dance/tango_colorado.html.
FOLKDANCING in the Mountains Mondays, 7:00-9:00 p.m. Nederland Community Center Fun folkdances from all around the world are taught and danced each Monday evening in the mountains in Nederland at the newly remodelled Community Center (Highway 72: from traffic circle in Nederland, turn right into Community Center). Introductory level, no partner or experience needed. Only $5. A wonderful way to learn great dances, experience our ethnic & cultural roots, meet lots of new friends, and get in shape, all at the same time! Awesome snacks at half-time. Bring your dance shoes, or wear stocking feet. Awesome socializing as well as some language, chanting, swing vibe. You’ll find great swing, jump dance form); 7 p.m., Intro to East Coast swing to great music. Learn with the best dancers and the biggest crowd come the night not to be missed in Denver! The Mercury Cafe is completely non-smoking and provides a full restaurant, bar, coffee bar, and desserts. Ask about our 15 classes for $50 package! In all of our classes listed below: No partner or experience required, rotation is optional, all ages allowed, wear anything you’d like, comfortable shoes are recommended. If you have any questions, please email us at questions@23skiddooldland.com. Additional info at www.23skiddooldland.com.

• Tuesday, 6 p.m.: Beginning Lindy Series; 7 p.m., Intermediate Lindy Series; 8 p.m.: Dance for only $5. Tuesdays are the night to be in Nederland. The best dancers and the biggest crowd come together to dance the Lindy Hop or East Coast swing to great music. Learn with champion dancers Dan and Tiffiny, who have devoted their lives to sharing great music and dance with as many people as possible. With Dan & Guest DJs! Tuesdays are our most popular night. Best dancers and the biggest crowd come the night not to be missed in Denver! The Mercury Cafe is completely non-smoking and provides a full restaurant, bar, coffee bar, and desserts. Ask about our classes, please email us at questions@23skiddooldland.com. Additional info at www.23skiddooldland.com.

Daytime workshops: 303-671-7131.

SCANDINAVIAN

Fifth Saturday Bygdoyens: Held on the 5th Saturday of every month at that have months, 8:10-30 p.m., Pearl St. Studio, Boulder. Admission $5. Info: Eric Meyer, 303-415-1187.

SCANDINAVIAN Dance Party: 2nd Saturday of every month at the Pearl St. Studio, Boulder. Celebrate music and dance from countries sponsored by BSD (Boulder Scandinavian Dancers). Open dancing 8-10:30 p.m. Everyone is welcome: dance or listen. Info: Email dtnight@mhco.com or phone 303-678-1724.

SCANDINAVIAN dancing: every Monday night at Pearl Street Studio, 8:30 p.m. All dances are music, costumes and fun. No classes, no experience, no partner, no leaders required. No social dancing, no an event. $3 donation. Info for more information: 303-608-7629 or nellinghaus@unco.edu.

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All classes at the Pearl Street Studio in Boulder, pay by the day for Saturday classes and $7 for Sunday classes. No partner necessary. No fragrances are allowed. There are no classes for July & August but they will remain in September. For details contact Barbara at broach3@juno.com or 303-442-0009.

**CFOOTMAD Boulder Waltz Dance:** 5:30-7:30p.m. Monday, 7:45-9:30p.m. Tuesday. There will be a free Lesson at 7:15 p.m. Cost is $8 per member and $10 for non-members. Call 303-506-4655 for information. Waltz is presented by Frank Vernon & Jim X. Step, Two-Step, Blues, Tango, Polka, Schottische, Hambo, Poles, Salsa, Cha-Cha, and more. Fundamentals are taught at 7:45. Intermediate teachings 8:30. Waltz dancing from 8:00 to 10:00 p.m. sometimes later. $7 admission. Avalon Ballroom, Boulder. No partner necessary. Call 303-442-0009 for more information. For information, call 303-443-9415. To sign on for email updates, send email address to events@teadance.info. For special notices of the dance go to www.cfootmad.org or call 303-506-4655.

**Danceophile Studio Private Dance Instruction - 250 31st Street (between Moorhead & Ash in Boulder)** 80305 - Dance & Instruction: Ballroom, For Contra, Country, & Performance - Individuals, couples, groups, parties, wedding receptions* Tom Masterson Dance choreography teaching from 7:00 to 8:00. Every 2nd and 4th Wednesday. Cost is $8 for members and $10 for non-members. Contact Barbara at broach3@juno.com or 303-442-0009. **Tom Masterson’s other classes will continue in the fall.**

**CAJUN - ZYDECO**

Cajun Dances sponsored by CFOCZ (Colorado Friends of Cajun Zydeco Music & Dance): usually the 4th Sundays at the Mercury Cafe, Denver with the local zydeco band The Amazing Zydecmans. No partner necessary. Teachings held open at 6:00, complementary dance lesson at 7:00. Check the website (http://www.zydeco.org) for more information. The program starts in September. Contact Ilana at 303-651-0909 or squere@maroebellmorisms.org. Please also visit: www.maroebellmorisms.org

Cajun Dances & Zydeco Ballroom dancing in Denver starting June 7th, 7:30-8:30 p.m. Admission is $10.00. For more info call Stacie at 303-692-8213.

**CELTIQUE & ENGLISH**

Colorado Morris now consists of three teams, all of which will start practicing 7:30 p.m. every Thursday night at 7:30. The program is open to all ages and that means that beginners are welcome. All three teams have danced at the International Festival. For more information contact the teams’ practices are: Maroon Morris dances Cotswold and the occasional longsword dances. It is the longest-standing of the three and you’ve probably seen us in our white shirts and ribbons somewhere in the state. Practice is on Wednesdays 7:30-9:30 p.m. in Northglenn. Details TBA, check website www.celtiqueandenglish.org. Think about coming to the program, call Squire Robin Smith: (303)-651-0009.

**Irish Set Dance Class:** Time & place in Denver to be arranged. Contact Pat McCullough: 303-777-0502 or celtiqueandenglish.org

Scottish Country Dancing: No partner needed for any classes; beginner welcome.

- Boulder: Sundays 4:30 - 6:30 p.m. at the Metro Theater Studio, Boulder. Contact Bob Bumham, 303-431-6700 meireadair@earthlink.net.
- Denver: Mondays 7-9 p.m. at St. Peter & St. Mary Episcopal Church (2nd & Acoma), 330-451-7466, jmkenard@comcast.net.
- Fort Collins: Thursdays 7-9 p.m. at the Worthington, 900 Worthington Circle, Fort Collins, 970-223-7730 paul@ffeon.com or J.K. Sitton 970-223-6013, sites@lamar.colostate.edu.
- Parker: Thursdays 7-9 p.m. at the Main Street Center, 1960 E. Main St., Parker, 303-435-344 or John Crumlin 310-1784

**INTERNATIONAL**

- Boulder: Thursdays, 5:30 p.m. beginners, 6:30 p.m. intermediate at Kakes Studio, Boulder.
- Longmont: Mondays, 5:30 p.m. beginners and 6:30 p.m. intermediate at Kakes Studio, Longmont.
- Denver: Fridays, 6:30-7:30p.m. performing at Salt Road Studio, Longmont (56th St. near Hygiene Road). Call for directions.

**BIDF (Boulder International Dance Festival):** Fridays, 7-9:30p.m. teaching from 7:00 to 8:30 p.m., open dancing 8:30-11:00 p.m. at the Pearl Street Studio, Boulder. Oldies night held on the 5th Fridays with the program of classic hits and oldies dance. $4. For info, call Ilana at 303-449-2381 or visit www.boulderdance.com

**DENVER AREA FOLK DANCERS (DAFD):** Thursdays, October through May (and bad weather in the summertime) at the Boulder Municipal Plaza Annex (upstairs), 14th & Gilpin in Denver. Lesson 7-8 p.m., open dancing 8-10:30 p.m. $4. For more info call Beverly Elion at 303-487-667 or Debby Bowinski at 303-692-8213.

**FOLK DANCING FOR EVERYONE**

TUESDAY evenings starting June 2, 7-10 p.m. Outside on the older Farmers’ Market Plaza - Fun folkdances from around the world are taught and danced! Bring the whole family! More info can be found under the stars on the Boulder Municipal Plaza [13th Street between Canyon & Arapahoe]. The Tommyknockers play your favorite "oldie" with the Tommyknockers. The program starts on Tuesday, June 2, and continues through Sept. 9. There is beginning level teaching from 7:00 to 8:00, no partner or experience needed. Teaching, is by Tom Masterson and other impressive teachers from around the world. Cost is FREE! (donations appreciated!) The program is sponsored by Danceophile Studio & Postoley Dance Ensemble. Everyone is welcome to join us. More information: 303-499-6363. www.postoley.org

**FOLK DANCES FOR CHILDREN**

TUESDAY evenings, July 7, 21, 6-15:30 p.m. On the Boardwalk at the Boulder Farmer’s Market - For children of all ages and their parents! A real family oriented event outside under the stars on the Boulder Farmer’s Market Plaza All dances are free! Starts at 6:15 p.m No experience needed. Teaching by Tom Masterson. Cost is FREE! (donations appreciated!) A wonderful opportunity to introduce children to dance, & to experience our ethnic and cultural roots! Sponosored by Postoley Dance Ensemble. More information and directions: Bring the whole family! More information: 303.499-6363. www.postoley.org
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