Boulder International Folk Dancers (BIFD), a non-profit corporation, has been a long standing member and avid supporter of the Village Arts Coalition. BIFD hosts an international folk dance every Friday night at the Pearl Street Studio, with teaching from 7:30 to 8:30 pm followed by open dancing which continues on till 11:00 pm. We welcome new dancers warmly, and encourage those who have never danced before as well as those who have enjoyed other types of dance to join us and try something new. No experience is necessary and no partners are needed. The dances include line and circle formations, along with couple dances and some sets as well. Many of the BIFD favorites are from the Balkan Peninsula, including Bulgaria, Romania, Macedonia, Greece, Serbia, and Croatia. But in addition to these, there are dances from such far flung areas as Scandinavia, the Middle East, Africa, Central Europe, Asia, South and Central America, French Canada, and even the United States. The variety of dance and music that one gets to experience is without bounds! The evening’s dance program is sure to be quite varied, and will include easy as well as more challenging and complex dances. There is something for everyone!

In order to keep the “old” dances alive within our group, BIFD has an Oldie Goldie night every 5th Friday. In addition to our weekly dances, the BIFD also hosts some special events throughout the year. The annual BIFD New Years Day dance party at the Avalon Ballroom is a favorite among not only the group’s members but of the broader dance community as well. Come prepared to have a great time and to experience some high energy dancing.

Our parties don’t end there: we have an annual Halloween party with costumes and “Dances in Disguise” where the programmer puts on different music to the dances we know. And at least once a year we bring in a band for the experience of dancing to live music.

Another favorite BIFD event is our annual weekend workshop, which is typically held in late winter or early spring. This is an event where the group hosts an out of town dance teacher(s) for an intensive weekend of teaching sessions, an evening dance party, and a final review of all the new material introduced over the weekend. In past years, BIFD has hosted Yves Moreau teaching dances of Bulgaria and French Canada, Michael Ginsburg teaching dances from Macedonia, Bulgaria and Rom communities, Joe Graziosi teaching dances of Greece, Lee Otterholt teaching dances from the Balkan countries, Kovacs teaching Hungarian dances, just to name a few. These weekend workshops offer dancers an opportunity to learn new material from experts in their fields, many of whom have done first hand research into the dances of these regions, have directed performing ensembles, and have taught at national and international dance camps and workshops.

This year on May 8, 9, and 10, BIFD is excited to welcome Sonia Dion and Critian Florescu who will be teaching dances from their native country of Romania. See more details under Special Events in this STOMP! issue.

For Boulder International Folk Dancers, dancing is a passion. Showing up at dance on Friday nights, regardless of how tired we are, the music is always uplifting and we get re-energized quickly. For the group members who don’t have a family nearby – our fellow dancers are our family, for better or for worse…For example, during the holidays we always make sure to have a party for those who can’t spend time with their loved ones.

For more information about BIFD visit our website at www.BoulderIFD.org or call Ilana (303)449-2381 or e-mail her at ilana.baror@bvsd.org.

Submitted by Ilana Baror
American Vernacular Dance (AVD)
Arkansas Valley Music & Dance
Boulder Hungarian Workshop
Boulder International Folk Dancers (BIFD)
Boulder Irish & Scottish Dancers
Boulder Scandinavian Dancers (BSD)
Calico & Boots Square Dancers
Colorado Friends of Old Time Music and Dance (CFOOTMAD)
Coloma Mid-Winter Dancers
CSU Scottish Arts Club

STOMP1 is published six times a year by the Village Arts Coalition, a non-profit organization dedicated to the enhancement of the folk arts.

Performing Groups
Boulder Scandinavian Dancers: Erna Rico 303-442-7689
Calico & Boots, American Folk Dance: Jim Bamtt 303-651-0797
Haloo Hula O Na Maua Komoana: "Punahua" Pasner 303-977-9172
www.punahua.net
Hoofig High Country Dancers: Ken Howen 303-364-2278
Hora Romaneasca - Dances of Romania:
Music of the Middle East & Eastern Europe: James Hoskins
Postoley Dance Ensemble:
Planina: Songs of Eastern Europe
www.maroonbellsmorris.org
Storm Mountain Folk Dancers
Swing Dance

Swing
23skidoo! Events: All events take place at the Ballroom at The Avalon.
The Mercury Café is completely non-smoking and provides a full restaurant, bar, and Mezzanine for our 15 classes for $50 package! In all of our classes listed below: No partner or experience required, rotation is optional, all moves and music are taught! Dance solo if you like, comfortable shoes recommended. If you have any questions, please email us at questions@23skidooland.com. Additional info at www.23skidooland.com.

Tuesdays: 6 p.m., Beginning Lindy Series
Every Tuesday, Turnverein Denver: Every Tuesday, Turnverein Denver, 9:30 p.m.-2 a.m. at the Mercury Café, Boulder. $1-5 suggested donation. Stay for Live Dancing from 8:30 'til 1 a.m., with blues after midnight. Admission is $5, $10 for the lesson. No partner required, just for beginners, but perfect for all who want to begin, to perfect their balance, basic swing and Lindy steps, and have fun in a dance vibe. You'll find great swing, jump blues, and all the classic songs of the 20s through the 50s.

Sundays: 5:30 p.m., Teacher's Choice. Take to the dance floor in Lindy Hop, Shag, Balboa, Charleston, Jazz Movement, or other fun dances. Class price is $1, or $1.50 suggested donation, but are all welcome: 6:30 p.m., Intro to Jitterbug, with National Champs Dan and Tiffany, or one of the members of 23skidoo's performance team our guest instructor's dance. 8 p.m. Open dance. Class price is $1, or $1.50 suggested donation, but all are welcome, No partner or prior dance experience otherwise. To confirm dates and get more info, call Deb Sclar at 303-937-0916 or visit www.danceoftheheart.com.

Argentine Tango: dance hosted by Las Tres Mujeres. Every 2nd and 4th Sunday of the month from 6 pm to 11 pm at the Avalon. 6158 Arapahoe Ave., Boulder. Pollok and wine, very casual. No partner required, just for beginners, but perfect for all who want to begin, to perfect their balance, basic swing and Lindy steps, and have fun in a dance vibe. You'll find great swing, jump blues, and all the classic songs of the 20s through the 50s. For more details contact Nancy Primmer at 303-237-9605 or email nprimmer@boulderswingdance.com

Argentine Tango Beginner (1pm - 2pm) and Advanced Beginner (12pm - 1pm) lessons every Sunday at the Avalon. 6158 Arapahoe Ave., Boulder. Pollok and wine, very casual. No partner required, just for beginners, but perfect for all who want to begin, to perfect their balance, basic swing and Lindy steps, and have fun in a dance vibe. You'll find great swing, jump blues, and all the classic songs of the 20s through the 50s. For more details contact Nancy Primmer at 303-237-9605 or email nprimmer@boulderswingdance.com

Argentine Tango Swing (2nd and 4th Saturdays from March 15 to May 30) at City Park Center. Fl. Collins. Call David Hinkled 970-498-0798 for more info.

Boulder Swing Dance: Swing Dance lessons every Tuesday night at 7 p.m. with a new series starting every month. Taught by Shana Worel, John Dyer, Heather Ballew and Dano. $1-5 suggested donation, but all are welcome. No partner required, just for beginners, but perfect for all who want to begin, to perfect their balance, basic swing and Lindy steps, and have fun in a dance vibe. You'll find great swing, jump blues, and all the classic songs of the 20s through the 50s.

Boulder Swing and Blues: 1st and 3rd Saturdays of the month, Introduction to Swing Dance – 8pm, Basics – 9pm, 8 p.m., Dance for only $5. Tuesdays are the night not to be missed in Denver! The best dancers and the best crowd come together to dance the Lindy Hop or East Coast swing to great music. Learn with champion and professional dancers, who have devoted their lives to sharing great music and dance with as many people as possible. With Dance & Guest DJs. Tuesdays are our most popular night!

Thursdays: 6 p.m., Balboa (or other swing dance form); 7 p.m., Intro to East Coast Swing; 8 p.m., Streaming from Brussels; 9:30 p.m., Dance for only $5. Thursdays are a high energy night when you'll find a great mix of slow and fast music, all in the vintage swing style! You'll find your favorites like Shag, blues, and all the classic songs of the 20s through the 50s.

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The Village Arts Coalition

Dances of Eastern Europe
HIC - Heritage Irish Center
CDC - Community Dance Collective
CC - Community Center
Boulder Center for Performance and the Arts
MGG - Maple Grove Grange
CSSC Colo. Springs Senior Center
Other Locations
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OGONI CLASS & EVENTS

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Milonga Mercurio: Every Friday from 11:30 pm to 12:30 am at the Mercury Café, Boulder. Beginning class at 7 p.m., intermediate at 8 p.m. Contact Marilyn Meghji at 303-294-9281.

Scottish Country Dancing: No partner needed for any classes; beginners welcome.

* Boulder: Sundays 4:30 - 6:30 p.m. at the Pearl St. Studio, Boulder. $3. Contact Bob Burnham, 303-661-8870. meinnedair@burlington.net.

* Denver: Thursdays 7-9 p.m. at St. Peter & St. Mary Episcopal Church (D26 & Acoma), $3.50. Contact Jamie MacKinnon, 303-451-7466, jmkennedy@comcast.net.

* Ft. Collins: Thursdays 7 p.m. at the Wootton, 900 Wootton Circle, free. Contact Jeff Davies, 970-565-3114 or pickadavis@msn.com or Jim Sites, 970-223-6013, sites@lamar.colostate.edu.

* Parker: Thursdays 7-9 p.m. at the Main Street Center, 1650 E. Main Street, $4/$3 members. Contact Sam Reynolds (teacher) at 303-805-1446 or sam@SpinnardStars.com.

* Colorado Springs: Wednesdays 7-9 p.m. at the Gill Foundation, 315 E. Costilla St., $5/month. Call Miriam “Pumehana” Paisner at 303-447-9772 or visit www.oconnor.gs/mp.html.

ON GOING CLASSES & EVENTS


FOLKDANCING in the Mountains Mondays, 7-9 p.m. Nepalader Community Center. A few folkdances from around the world are taught and danced each Monday evening in the mountains in Nederland at the newly remodeled Community Center. [756 Hwy 72: from traffic circle in Nederland, follow Hwy 72 towards Allenspark only 0.6 mi.; turn right and look for Community Center. Enter thru back door and go upstairs to dance room.] Introductory level, no partner or experience needed. Only $5. A wonderful way to learn great dances, experience our ethnic & cultural roots, meet lots of new friends, and get in shape, all at the same time! Fabulous wood dance floor. Bring your dance shoes, or wear stockinged feet. Great refreshments! Everyone is welcome to join us on any evening. Info: 303-499-6363 or 303-258-3652. Car pool leaves from Boulder (Danceophie Studio) at 6:15 p.m.

Folk Dance Lessons: Sheila Sharpe teaches folk dance at parties, weddings, etc. 303-377-4111.

Hawaiian Hula Classes: HALUA HULA O NA MAUNA KOMOHANA. Teachings ongoing Hawaiian Hula and Chant every Thursday night at The Dairy Center for the Arts. Boulder Ballet Studio, 27th & Walnut. 7:30pm to 9pm, $15 for dropins; $55 for 5 week punchcards. Beginning Hawaiian hula classes resume Thurs. Jan 15, 2009 from 7:30pm to 9pm Boulder Ballet Studio; at the Dairy Center for the Arts, Boulder - costs: $15 dropins; $45 for 5 week punchcards. At this part of the April dance month in Boulder, we are sponsoring a FREE workshop on Sunday April 19 at same studio from 6:30 to 8pm. This is open to anyone interested in things Hawaiian.

Open to men, women, teens who’ve had some type of dance (not necessarily Hula). Both ancient and modern Hula will be taught, as well as some language, chanting, culture, history and politics. Contact: M Pumehana Saliman, 303-449-9772 or mriximpa@gmail.com or www.oconnor.gs/halulu.html.

Hawaiian, Israeli & Country Western Dance Teacher: Available on call for private or group lessons. For more info call Miriam “Pumehana” Paisner at 303-447-9772 or visit our www.oconnor.gs/mp.html.

Boulder Rumanesca: Romanian Folkdance Ensemble based in Boulder. Available for performances presenting the rich folk culture of Romania highlighting its dance, music, costumes, and folk arts. Rehearsals currently Sundays, starting at 6:30 p.m. at the Greek Lutheran Church, Boulder. Please contact Mirah Codd at michal1@netscape.net or 303-494-5464 for more information, purchasing authentic Romanian wares or joining the group.

Hungarian Dancing “Tanchaz”: Held Monday evenings at The Pearl St. Studio, Boulder, taught by Dave Schmitz at 303-981-8612 for info.

International Folk Dance: Tuesdays 7:30-10 p.m. Empire Grange, Ft. Collins. For those who are interested in a broader experience in terms of dances from around the world are taught and danced at this weekly dance. Maple Grove Grange Folkdancers: Folk Dance Party & Potluck on 1st Sundays, 1-6 p.m. at the Maple Grove Grange, Golden. Wood floor and potluck too! Contact Jerry Accettura at 303-763-8404 for more info.

ISRAELI

Boulder Israeli Dance: Sundays at the Pearl St. Studio, Boulder. Teaching 7-8 p.m., open dancing 6-10 p.m. $5/session, first time free. Info: Call Skip Ellin at 303-440-9388 or Marshall Shapiro at 303-242-5188.

Israeli Folk Dancing: Beginning, intermediate & advanced instruction and open dancing led by Joan Saliman & Bev Michaels. Beginning classes are held monthly. Tuesdays, 7-10 p.m. at the Hebrew Educational Alliance, 3600 S. Emerson Street, Denver. $5 or $5 classes for $20 (with coupon). For more info call Joan Saliman, 303-856-7113.

SCANDINAVIAN

Fifth Saturday Bygdedans: Held on the 5th Saturday of months that have them, 8-10:30 p.m., Pearl St. Studio, Boulder. Admission $5. Info: Eilie Meyer. 303-415-1187.

Scandinavian Dance Party: 2nd Saturday of every month at the Pearl St. Studio, Boulder. Live music at most dances. Sponsored by SSD (Boulder Scandinavian Dancers). Open dancing 8-10:30 p.m. $5. Everyone is welcome: dance or listen. Info: Mike Palmer at 303-440-7089 or michael.palmer@mhco.com.

Scandinavian dancing: every Monday night, Pearl Street Studio, Boulder. $5. Monday Night Scandinavian Dance group will start its beginning classes. Teaching 7:30 - 8:30pm by Nancy Ellinghaus and Larry Utter, followed by open dancing until 10:15. We usually have live music. For information please contact Nancy, 303-499-7628 or nellinghaus@juno.com.

SPECIAL EVENTS

Planina Presents Libana!
Sat., April 18, 7:30 p.m.
Libana (www.libana.com) is a women’s world music ensemble based in Boston that had its roots as a Balkan women’s singing ensemble and has grown, over the past almost 30 years, to include divergent cultural expressions of the Mediterranean, the Balkans, the Middle East, Europe, Africa, Asia and South America—especially as handed down through the artistic traditions of women. Libana performs ancient melodies and contemporary tunes a cappella and with a vast array of instruments including guitar, dunduk, accordion, oud, naqara, clarinet and double bass. Local group Planina - Songs of Eastern Europe will open for Libana. $18. Universal Universalist Church of Boulder, 5001 Pennsylvania Ave., Boulder, CO 80303. Info: 303-329-8424, or www.planina.org.

Boulder International Folk Dancers invite you to our annual Dance Workshop with "Sonia Dion" and "Cristian Florescu" teaching "Romanian dances". May Friday 8th, 7:30 - 10:00 pm teaching followed by open dancing at the Pearl St. Studio, Boulder. Saturday May 9, 9:00 - 12 pm, 2:00 - 5:00 pm teaching, 7:30 - 10:00 pm workshop party at the Maple Grove Grange, Wheat Ridge. Sunday May 10th, 10:00 - 1:00 pm workshop dances review at Kakes Studio, Boulder. For more information and if you need a place to stay, please contact iiana: 303-449-2381 or iiana.baron@bvsd.org.

Richard Powell/Joan Wadton Denver Dance Weekend, April 17-19
Richard and Joan, partnered by Angelina Amarras and Tracey Powers, from the San Francisco Bay Area, return to Colorado for a weekend of workshops in waltz (including new cross-steps), swing, ragtime, and mazurka. Prerequisite: Intermediate partnering dance skills, including comfort with basic turning waltz (though it’s ok to be new to the other dances being taught.) Recommended minimum one year social partner dance experience. $130/person until April 3, $150 thereafter. Advanced registration only. Sponsored by Marilyn Chartrand and Watch Your Step! Dance Vignettes performing group. Details and registration at www.mchartrand.com/dance2009. Questions? Contact: Marilyn at marilyn@mchartrand.com, 510-749-1439.

Boulder Scandinavian Dancers Spring Workshop
March 27-29, Springleig, taught by Tor and Randi Stalvik from Vågå, Norway, with fiddlers Ivar Odnes and Øystein Rudi. Cost is $110 for the weekend. There will be a concert and dance on Saturday, March 28--7:30 to 10:30 pm at the Avon Inn. Cost for this is $10 if not enrolled in the workshop. To sign up for or more information, contact Sheila Morris spmorris@acentral.com or 303-469-2484.
AMERICAN TRADITIONAL
Arkansas Valley Music and Dance: Check www.avaxs.com for more information.

LYONS-Town/Highway Community Dance: on 1st, 3rd & 5th Saturdays at 7:30 p.m. Call Nick at 303-473-6935 for details.

Lyons Old-Time Community Dance: Odd Fellows Hall in Lyons. For more information go to Lyons.com.

FOOTD Waltz Dance and Swing: 5th Fridays at 7:00 p.m. at the Avalon. For more information, call 303-592-3972.

CFOOTMAD Waltz Dance and Swing: 5th Fridays at 7:15 p.m. For more information, call 303-592-3972.

Pikes Peak Traditional Dance: Contra dances 3rd Saturdays, September through May. Located at the Town Hall in Manitou Springs. Call 719-578-4674 for further information.

Westminster Old-Time Community Dance: 1st Saturday at the 7:00p.m.

Cajun - Zydeco
Cajun Dances sponsored by CFOOTMAD (Colorado Friends of Old Time Music & Dance): usually the 4th Sundays at the Mercury Café, Denver with the local Zydeco band, The Cajun Swamp, 1211 22nd St., open dancing from 8:00 to 10:00 p.m. sometimes later. $7 starts at 7:30 p.m. Open dancing from 7:45 p.m. Some special notices: www.villageartscoalition.org.

Celtic - English
Colorado Morris now consists of three teams, all of which will start practicing again after the performance season is over. Mourners will be joining us this spring. We welcome all. Three teams have danced at the International Festival. Particulars on the three teams are:

Maroon Bells Morris dances Cotswold and the occasional longsword dances. It is the longest-standing of the three and you’ve probably seen us in our whites and ribbons somewhere in the state. Practice is on Wednesdays 7:30-9:30 p.m. in Norghill.

Brethren in Buthord is a Morris team that provides the border between England and Wales. If you’ve seen dancers in colorful taffy coats, it’s probably us. Practice is on Thursdays from 7:30 to 9:00 p.m. in Berthoud.

The Tommynakers were started in 2002 by children of adults on the Maroon Bells Morris team and have since expanded to any interested kids. No description of the kit is needed - you recognize them by their age. Practice is on Wednesdays 7:30-9:30 p.m. in Norghill.

Cajun Dances sponsored by CFOOTMAD (Colorado Friends of Old Time Music & Dance): 4th Saturdays at the Mercury Café, Denver with the local Zydeco band, The Cajun Swamp, 1211 22nd St., open dancing from 8:00 to 10:00 p.m. sometimes later. $7 starts at 7:30 p.m. Open dancing from 7:45 p.m. Some special notices: www.villageartscoalition.org.

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<td>Maple Grove Grange</td>
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<td>English Country Dance</td>
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<td>4:30 pm</td>
<td>Scottish Country Dancing - PSt</td>
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<td>Skidoo Lindy Series - MC</td>
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<td>7:00 pm</td>
<td>Boulder Israeli Dance - PSt</td>
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<td>Scottish Country Dancing - PSt</td>
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<td>8:00 pm</td>
<td>Skidoo Balboa - Jitterbug - MC</td>
<td>7:30 pm</td>
<td>Strictly Ballroom</td>
<td>7:30 pm</td>
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<td>12:00 pm</td>
<td>Argentine Tango Beg &amp; Adv - AV/Tea Dances - AV</td>
<td>1:30 pm</td>
<td>English Country Dance</td>
<td>6:00 pm</td>
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<td>3:00 pm</td>
<td>Skidoo Teachers Choice - MC</td>
<td>7:00 pm</td>
<td>Icelandic Folk Dancing - HEA</td>
<td>6:00 pm</td>
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<td>Argentine Tango</td>
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<td>Skidoo Balboa - Jitterbug</td>
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<td>Clogging Classes</td>
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**Location Code Follows the Event**

Please refer to Page 2

- **March 1**: 1:00 pm English Country Dance - Colo Springs Intern Dance Club
- **March 2**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 3**: 7:00 pm Westminster Old Time Community Dance - WGH
- **March 4**: 8:00 pm Waltz at the Avalon - AV
- **March 5**: Clogging Classes with Ken - SHM
- **March 6**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 7**: 7:00 pm Swing at the Avalon - AV
- **March 8**: 8:00 pm Scottish Country Dancing - PSt
- **March 9**: 10:00 am Clogging Classes with Ken - SHM
- **March 10**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 11**: 7:00 pm Swing at the Avalon - AV
- **March 12**: 8:00 pm Scottish Country Dancing - PSt
- **March 13**: 10:00 am Clogging Classes with Ken - SHM
- **March 14**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 15**: 7:00 pm Swing at the Avalon - AV
- **March 16**: 8:00 pm Scottish Country Dancing - PSt
- **March 17**: 10:00 am Clogging Classes with Ken - SHM
- **March 18**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 19**: 7:00 pm Swing at the Avalon - AV
- **March 20**: 8:00 pm Scottish Country Dancing - PSt
- **March 21**: 10:00 am Clogging Classes with Ken - SHM
- **March 22**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 23**: 7:00 pm Swing at the Avalon - AV
- **March 24**: 8:00 pm Scottish Country Dancing - PSt
- **March 25**: 10:00 am Clogging Classes with Ken - SHM
- **March 26**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 27**: 7:00 pm Swing at the Avalon - AV
- **March 28**: 8:00 pm Scottish Country Dancing - PSt
- **March 29**: 10:00 am Clogging Classes with Ken - SHM
- **March 30**: 3:00 pm Waltz w/Barbara Roach - PSt
- **March 31**: 7:00 pm Swing at the Avalon - AV

**Location Code Follows the Event**

Please refer to Page 2